



Sussex Oakleaf - Pathfinder Mental Health Information & Advice Drop Ins

Pathfinder West Sussex is an alliance of organisations working together to enable people with mental health support needs, and their carers, to improve their mental health and wellbeing. Please come along to our friendly, non-judgemental drop in where you can access a range of mental health support, information and advice.

The Yews, 55 Boltro Rd, Haywards Heath RH16 1BJ
Every Monday 2 – 4pm (18th Dec – 3-5pm)

Downstairs in the Broadway Lounge – ring bell to be let in

West Green Youth and Community Centre
West Green Drive, Crawley, RH11 7EL
Every Tuesday 11am – 1pm

East Grinstead Library
32-40 West St, East Grinstead RH19 4SR
Friday's – 2 - 4pm *Upstairs in the Meeting Room*
3rd Nov, 10th Nov, 24th Nov, 8th Dec, 22nd Dec & 29th Dec